

Impact of Immune Checkpoint Inhibition on Fertility in Young Women with Early Triple-Negative Breast Cancer receiving neoadjuvant Chemotherapy: A Prospective Substudy of the NSABP B-59/GeparDouze Trial

Mattea Reinisch¹, Andreas Schneeweiss², Vanessa Schaser³, Christine Solbach⁴, Carsten Denkert⁵, Priya Rastogi^{6,7}, Fernando Moreno^{8,9}, Tanner Freeman^{6,7}, Theresa Link¹⁰, Joao Mouta¹¹, Sabine Seiler¹², Ralf Mey¹³, Álvaro Rodríguez Lescure^{9,14}, Vesna Bjelic-Radicic^{15,16}, Peter Fasching¹⁷, Marija Balic^{6,7}, Michael Untch¹⁸, Kirsten Rhiem¹⁹, Kerstin Lüdtke-Heckenkamp²⁰, Jens Huober²¹, Serafin Morales^{9,22}, Isabel Blancas^{9,23}, Johannes Holtschmidt³, Valentina Nekljudova³, Norman Wolmark^{6,7}, Charles E. Geyer, Jr.^{6,7}, Sibylle Loibl^{3,24}

1 Interdisciplinary Breast Unit, University Medical Center Mannheim, University of Heidelberg, Mannheim, Germany. 2 National Center for Tumor Diseases, University Hospital and German Cancer Research Center, Heidelberg, Germany. 3 GBG c/o GBG Forschungs GmbH, Neu-Isenburg, Germany. 4 Breast Unit, University Medical Center, Goethe-University Frankfurt. 5 Institute of Pathology, Philipps-Universität Marburg and University Hospital Marburg, Marburg, Germany. 6 NSABP Foundation, Inc., Pittsburgh, PA, USA. 7 University of Pittsburgh School of Medicine, and UPMC Hillman Cancer Center, Pittsburgh, PA, USA. 8 Department of Medical Oncology, Hospital Universitario Clínico San Carlos, Madrid, Spain. 9 GEICAM Spanish Breast Cancer Group, Spain. 10 Department of Gynecology and Obstetrics, Medical Faculty and University Hospital Carl Gustav Carus, Technische Universität Dresden. 11 Roche Farmacêutica Química, Amadora, Portugal. 12 Sana Klinikum Offenbach, Offenbach, Germany. 13 Hämat-Onkologie im Medicum Bremen, Germany. 14 Hospital General Universitario de Elche, Elche, Spain. 15 Helios University Clinic Wuppertal, Germany. 16 University Witten/Herdecke, Germany. 17 Department of Gynecology and Obstetrics, University Hospital Erlangen, Comprehensive Cancer Center Erlangen-EMN, Erlangen, Germany. 18 Interdisciplinary Breast Cancer Center, HELIOS Hospital Berlin Buch, Berlin, Germany. 19 Center for Hereditary Breast and Ovarian Cancer, University Hospital Cologne, Germany. 20 Niels-Stensen-clinics, Harderberg, German. 21 HOCH Health Ostschweiz, Brustzentrum Kantonsspital St.Gallen, St. Gallen, Switzerland. 22 Hospital Arnau de Vilanova, Lleida, Spain. 23 Hospital Clínico S. Cecilio, Spain. 24 Goethe University Frankfurt, Germany.

Disclosure Information

Mattea Reinisch

I have the following relevant financial relationships to disclose:

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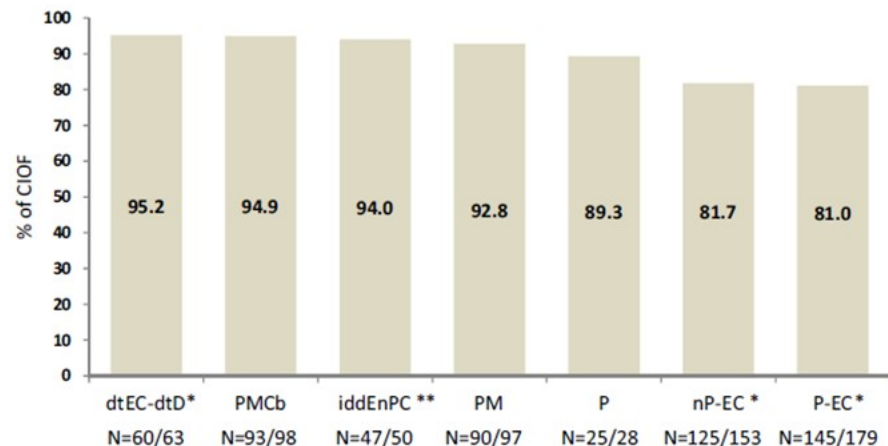
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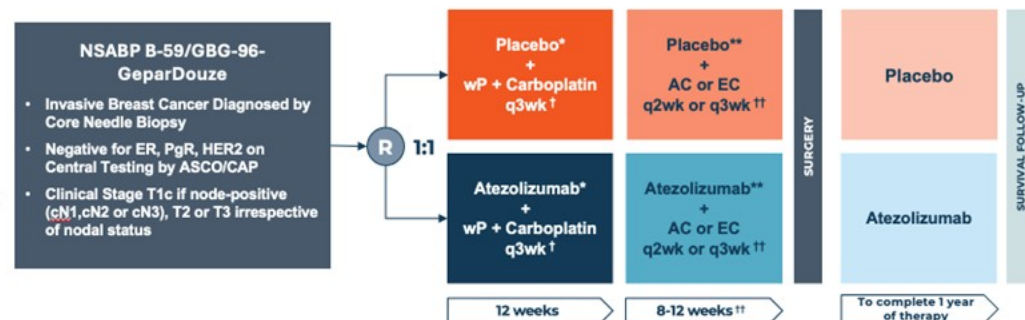
Background

- Neo-/adjuvant Chemotherapy (NACT) is associated with a high risk of ovarian failure in premenopausal women with breast cancer, leading to a reduced fertility in young women^{1,2}.
- Furthermore, preterm ovarian failure can lead to a decreased overall well-being, quality of life and bone- and cardiovascular health³.
- While immunotherapies have become part of the standard of care for patients with TNBC, their effects on ovarian function and fertility remain largely unknown⁴.



Background

- We prospectively assessed different hormonal parameters in patients with early TNBC receiving NACT within the prospective multicentre randomized Phase III NSABP B-59/GeparDouze Trial.
- Patients received anthracycline, cyclophosphamide, taxane and carboplatin containing NACT and were randomized to receive either atezolizumab (CTA) or placebo (CT).
- Post-neoadjuvant treatment with capecitabine in case of non-pCR was allowed at the discretion of the investigator.



Geyer C et al., SABCS 2024; Clin Cancer Res. 2025.

Atezolizumab (atezo) 1200 mg or placebo IV Day 1 every 3 wks for 4 doses. Paclitaxel 80 mg/m² IV weekly x 12 doses (WP) + Carboplatin AUC of 5 IV Day 1 every 3 wks for 4 cycles; **Atezo 1200 mg or placebo IV Day 1 every 3 wks for 3 to 4 doses depending on AC/EC schedule used.; †† Doxorubicin (A) 60 mg/m² IV + cyclophosphamide (C) 600 mg/m² IV Day 1 every 2 or 3 wks for 4 cycles. OR Epirubicin (E) 90 mg/m²; IV + cyclophosphamide (C) 600 mg/m² IV Day 1 every 2 or 3 wks for 4 cycles.

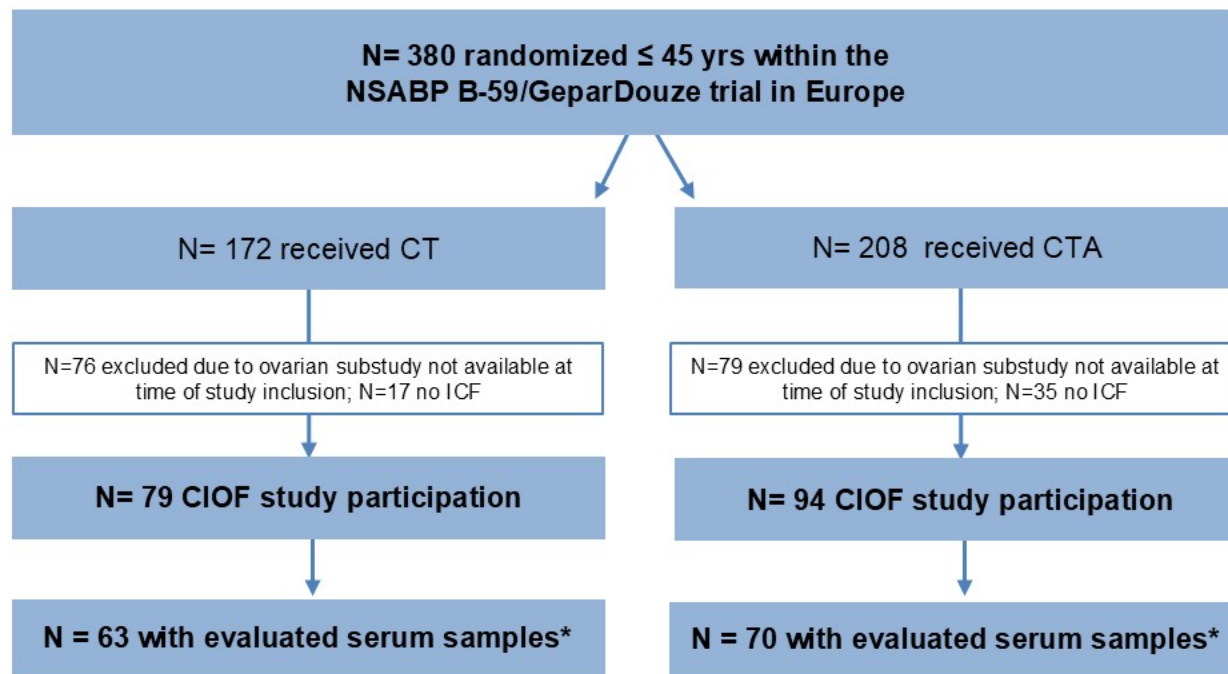
Main Inclusion Criteria and Main Objectives



- This prospective, substudy included women aged ≤ 45 years (yrs) at diagnosis with an early TNBC without history of hysterectomy and/or salpingo-oophorectomy enrolled within the NSABP B-59/GeparDouce trial.
- The main objective was to assess the rate of CIOF, defined as postmenopausal levels Estradiol ($E2 < 5$ pg/ml) and of follicle-stimulating hormone ($FSH > 25.8$ IU/l) for patients not fulfilling the CIOF criteria at baseline (BL) until 24 months after therapy.
- Further objectives included the assessment of ovarian reserve by measuring Anti-Müllerian Hormone (AMH) levels and the rate of amenorrhea at different time points.
- AMH levels below 0.22 ng/ml indicate a severely reduced ovarian reserve, whereas levels below 0.1 ng/ml are considered undetectable.

Patient Disposition

All serum samples were prospectively collected at predefined time points and centrally evaluated



*Samples were analyzed only if baseline and ≥1 additional sample were available.

Data were documented only for patients with amenorrhea at the respective visit. Patients with adnexectomy or pregnancy during follow-up were excluded. From the time of documentation, patients with ovariectomy/adnexectomy or pregnancy were no longer included.

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Patients Characteristics

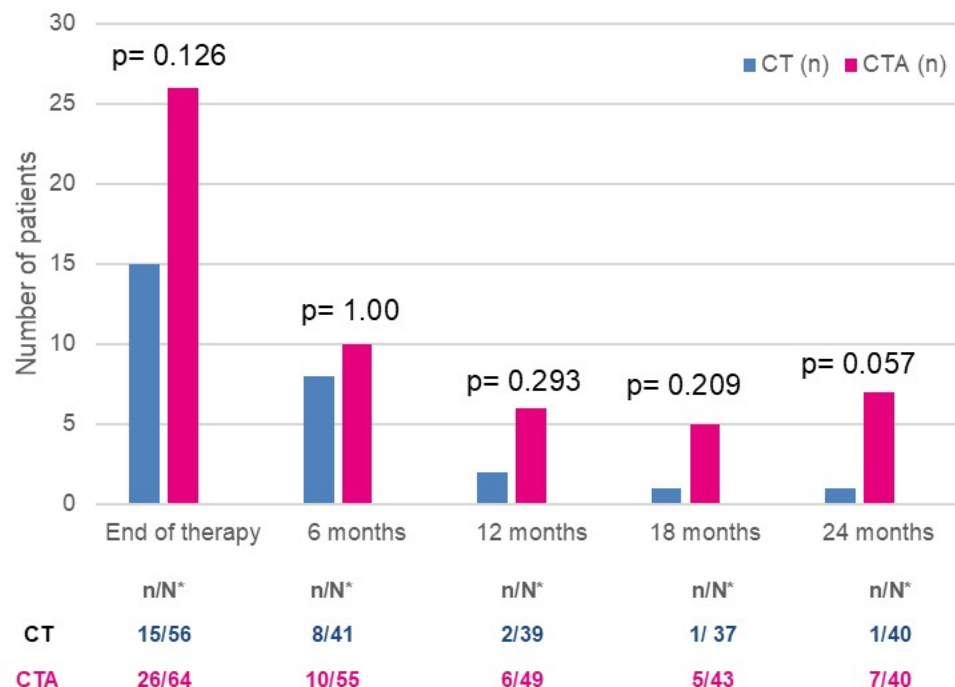
are comparable to that of the main NSABP B-59 GeparDouze trial

	Chemo/Placebo N=79 N (%)	Chemo/Atezolizumab N=94 N (%)	Overall N=173 N (%)
Age, median (range)	38.0 (23 - 45)	36.5 (22 - 45)	37 (22 - 45)
% of patients < 35 years at diagnosis	29 (36.7)	35 (37.2)	64 (37.0)
Received GnRHa at any time point under therapy*	7 (7.4)	6 (7.6)	13 (7.5)
Received salpingoovarectomy during NACT/ FU	6 (6.4)	7 (8.9)	13 (7.5)
AC/EC Schedule: Every 2 weeks (q2w)	50 (63.3)	64 (68.1)	114 (65.9)
Relative total dose intensity (%) of cyclophosphamide median (Q1 – Q3)	88.7 (80.2 - 95.2)	87.9 (80.0 - 91.9)	88.3 (80.1 - 92.7)
Body Mass Index (BMI) median (range)	24.2 (17.9 - 40.7)	24.1 (16.4 - 43.9)	24.2 (16.4 - 43.9)
- BMI normal (18.5-24.9 kg/m ²)	42 (53.2)	54 (57.4)	96 (55.5)
- BMI overweight (≥ 25 kg/m ²)	36 (45.6)	39 (41.5)	75 (43.3)
Received capecitabine postneoadjuvant if non-pCR	18 (22.8)	14 (14.9)	32 (18.5)
Received atezolizumab postneoadjuvant	n.a.	73 (77.7)	-

*Collected as concomitant medication

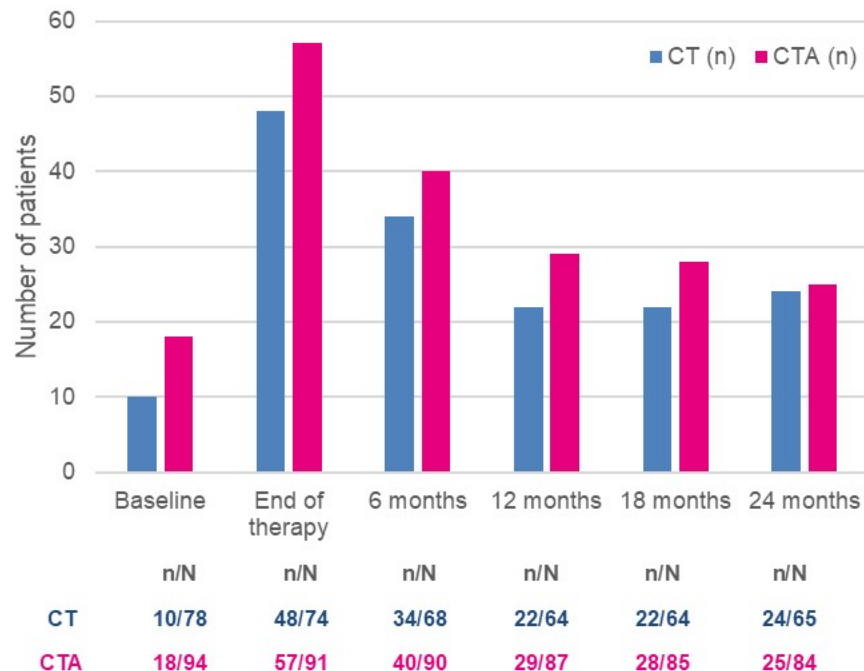
CIOF at Different Time Points

Only patients with premenopausal hormone levels (E2 and FSH) at baseline were included*



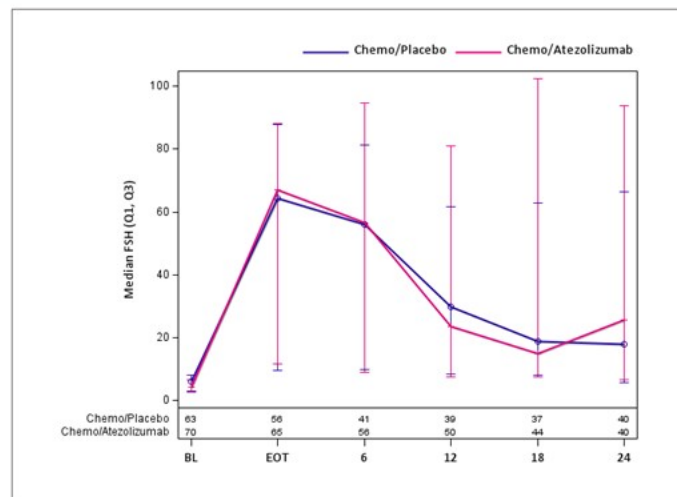
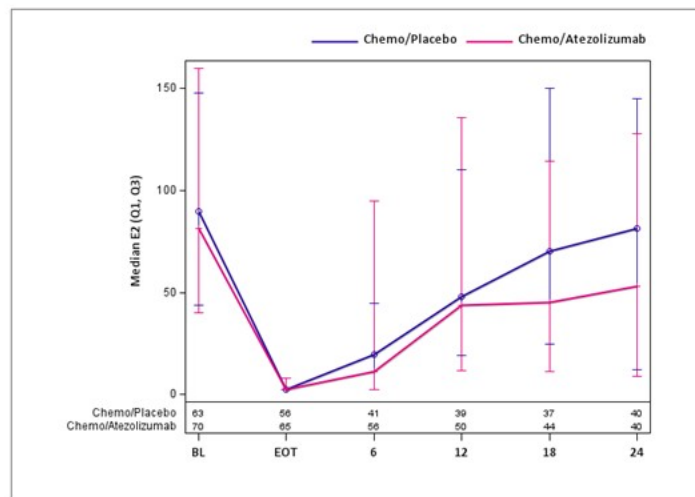
- Patients who received checkpoint inhibitor in addition to CT had higher rates of CIOF at EOT and remained higher during FU.
- A numerical recovery of hormonal levels was observed in both arms during FU indicating a regain of ovarian function, this change was more pronounced in the CT arm.
- No statistical significant differences in CIOF rates between the treatment groups were observed.

Rate of Amenorrhea



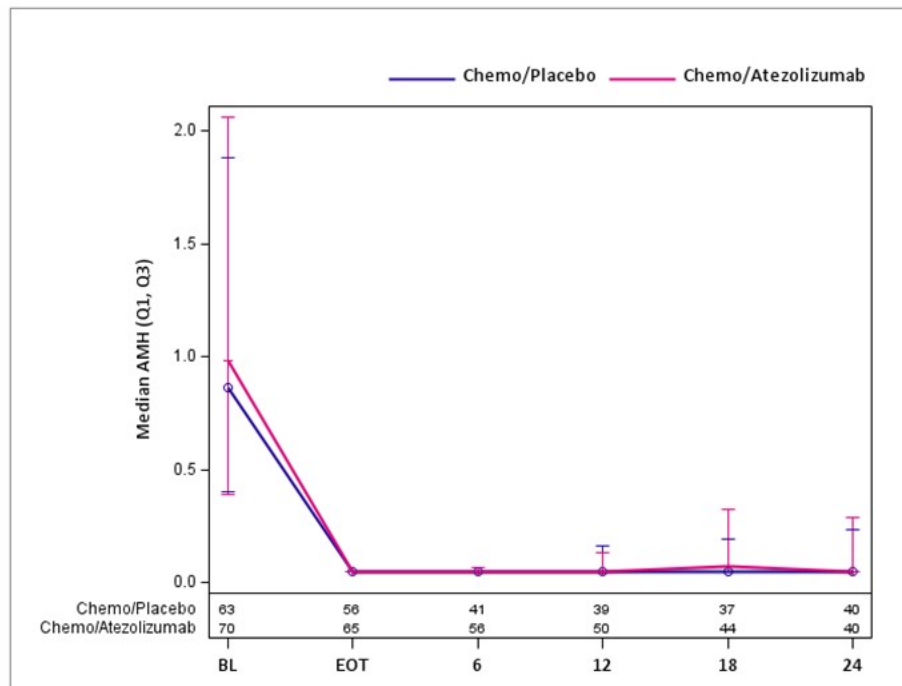
- At baseline, amenorrhea (as reported by investigator) was present in 12.8% in the CT and 19.1% in the CTA group.
- The number of patients with reported amenorrhea was highest at EOT (CT 64.9%; CTA 62.9%) and declined to approximately 33% after 12 months of FU and remained stable thereafter.

Changes of E2 and FSH Levels



- At EOT, Estradiol and FSH levels were within postmenopausal ranges but recovered during FU.
- 24 months after EOT 10% (8/80) showed persistent postmenopausal Estradiol levels and 46.2% (37/80) postmenopausal FSH levels (overall).

Changes of AMH Levels



- At BL, median AMH levels were lower in comparison to the age-based median reference levels.
- At BL, 10.5% in our cohort had values below the threshold for severely reduced ovarian reserve (< 0.22 ng/ml) with no difference between the arms.
- All patients had severely reduced ovarian reserve at EOT with no recovery until 2 years and without statistical significant differences between the treatment groups.

Conclusion

- This is the first prospective study evaluating the effect of a checkpoint inhibitor on ovarian function through assessment of different hormonal parameters in premenopausal patients with early TNBC treated within a prospective randomized trial.
- Patients treated with a checkpoint inhibitor exhibited numerically higher but not statistically significant differences in the rate of CIOF at all time points until 24 months after EOT (10% overall; 2.5% in CT; 17.5% in CTA, n.s.).
- These findings support the hypothesis that checkpoint inhibitors may adversely affect fertility and underscore the need for further studies to elucidate the underlying biological mechanisms and to improve counselling strategies for this patient population.

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