

Preoperative radiotherapy versus postoperative radiotherapy after NACT in high-risk breast cancer: a prospective, randomized, international multicentre Phase III trial — NeoRad

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Background

Preoperative radiotherapy (PRT) is a well-established treatment for various tumor types (e.g., rectal cancer, sarcoma, bronchial carcinoma). While encouraging research on preoperative radiotherapy exists for breast cancer, most of these studies were either non-randomized or included old patient cohorts¹⁻³. Contemporary investigations indicate that administering PRT is associated with better survival outcomes⁴ and does not correlate with postoperative complications following mastectomy with or without immediate breast reconstruction⁵. There is evidence that the immunogenic effects of radiotherapy may lead to improved immune recognition of tumor cells (e.g., increased stromal TILs)⁶. In addition, PRT is associated with low grades of fibrosis, good to excellent long-term cosmetic outcomes, and comparable long-term general and breast-specific quality-of-life outcomes⁷⁻⁸. These potential advantages make PRT a promising modality in interdisciplinary cancer therapy, thereby necessitating its evaluation in a clinical trial setting.

Study Overview

NeoRad (NCT04261244, GBG116) is a multicenter, prospective, randomized phase III trial. Eligible patients with high-risk breast cancer and indication for NACT will be randomized to receive adjuvant radiotherapy after completion of NACT either prior to surgery (PRT) or after surgery. Patients should not have their first response assessment after start of NACT prior to randomization to avoid bias resulting from the assessment result. 1826 patients will be randomized 1:1 stratified by biological subtype, clinical nodal status, and type of planned breast surgery.

Standard arm: patients will undergo surgery, sentinel lymph node biopsy, and eventually (targeted) axillary dissection according to the latest S3/AGO guideline at the time of therapy. After surgery, patients will receive adjuvant radiotherapy and systemic treatment following S3/AGO guidelines.

Experimental arm: patients will receive whole breast irradiation (WBRT) with or without regional lymph node irradiation 2-4 weeks following NACT. A biopsy of the breast tumor +/- suspicious lymph nodes is highly recommended to evaluate pCR status after NACT and allows assignment to further postneoadjuvant treatments. Approximately 3-6 weeks after radiotherapy, patients will undergo surgery and eventually (targeted) axillary dissection.

In both arms, patients will receive further postneoadjuvant systemic treatment according to S3/AGO guidelines, if indicated.

Study Design

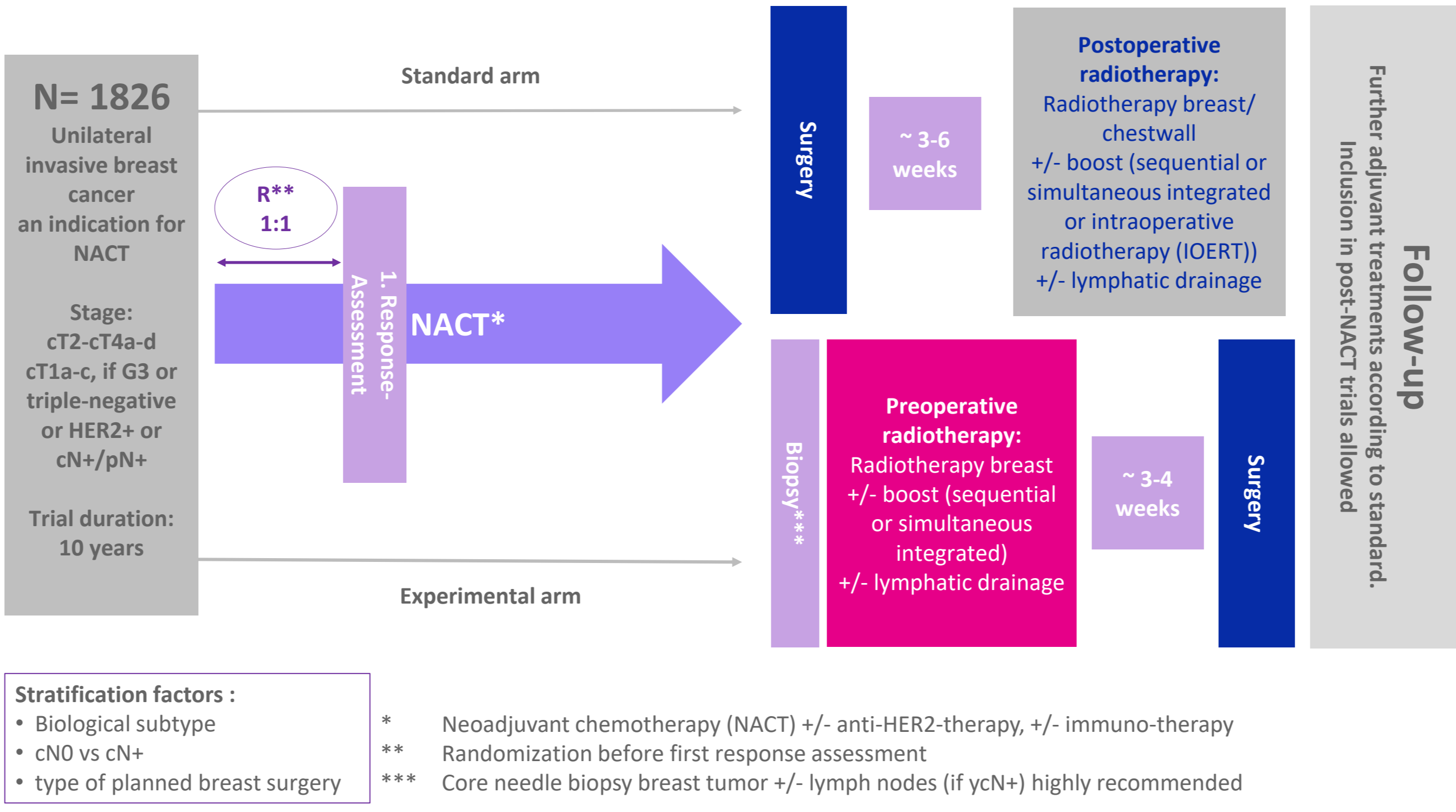


Figure 1: Study design

Key Inclusion Criteria

1. Female patients with histologically proven invasive, unilateral breast cancer
2. Indication for NACT (+/- antibody treatment or other targeted therapies) in accordance with national and international guidelines
3. Indication for radiotherapy
4. T2-T4a-d (if T4d: max. 1 cm inflammation) or T1a-c (if G3, triple negative, HER2- positive, or cN+/pN+)
5. No restrictions on HR or HER2-status or grading (G1-3)
6. No pre-existing conditions that forbid study therapy

Key Exclusion Criteria

1. Male patients
2. Neoadjuvant treatment solely with endocrine therapy
3. Bilateral breast cancer
4. Distant metastases
5. Pregnancy or lactation
6. Prior radiotherapy of the affected or contralateral breast
7. Patients who have been previously assessed for chemotherapy response
8. Connective tissue disease, symptomatic chronic lung disease, cardiac comorbidities, lymphedema ≥ grade 2 of the ipsilateral arm, or any medical conditions that prohibit the administration of neoadjuvant radiotherapy
9. Other malignancies (except basalioma or in-situ-carcinomas in complete response)

Study Objectives

Primary objective: Superiority of PRT/experimental treatment schedule in terms of disease-free survival (DFS)

Key secondary objectives:

- Time to ipsilateral local recurrence (LR) as a first site of recurrence
- Time to regional recurrence (RR) as a first site of recurrence
- Distant disease-free survival (DDFS), overall survival (OS), and breast cancer specific survival (BCSS)
- Pathological complete response (pCR) defined as ypT0/is, ypN0
- Quality of life
- Acute and late toxicity

Safety: Interim analyses for surgical complications will be conducted: after 100 patients have received breast-conserving surgery or autologous flap reconstruction (in both arms combined); and after 40 and 100 patients have been reconstructed with an implant (also combined from both arms).

Sample Size Calculation

An improvement in 10-year DFS rate from 70% to 76.5% with PRT is assumed, corresponding to a hazard ratio of 0.75. Considering a cumulative drop out rate of 10% in 10 years, 2x913 patients have to be randomized to achieve a power of 80% for the two-sided log-rank test at level $\alpha=0.05$ (calculated event count of 379).

Follow-up Visits

Study visits after whole breast radiotherapy (WBRT) begin in week 2 after completion of WBRT. In the standard treatment arm, this is followed by a visit 3 months after surgery and 6 months after WBRT. In the experimental arm, a visit 2 weeks after WBRT/110 days prior to surgery is performed, followed by a visit 3 and 6 months after surgery. Afterwards, visits will be repeated annually until year 10.

Recruitment

The first patients were enrolled in 02/24 at the University Hospital of Düsseldorf. A total of 1826 patients will be recruited across 40 centers within 4 years.

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